

# Emergency Supply Kit Checklist

Is your family prepared with an emergency kit? A well-stocked kit is essential for situations like natural disasters or power outages, with supplies for at least 72 hours. Customize your kit to meet family needs—like items for babies, pets, or anyone with disabilities. Keep it accessible (home, work, or car) and regularly check contents. Don't forget to create a family emergency plan with communication and evacuation details.

## Here are some essentials to consider for your kit.

- FOOD – perishable foods that does not require cooking or refrigeration.
- WATER – 1 gallon of water per person per day.
- ELECTRONICS – nonelectronic powered flashlights, battery powered radio, spare batteries, cell phone with charges, backup cell phone battery.
- FIRST AID KIT – bandages, scissors, latex gloves, towelettes, thermometer, CPR barrier, instruction booklet, sanitizer packs.
- WHISTLE - to signal for help.
- MEDICATIONS- seven-day supply
- DUST MASK
- SANITATION
- MANUAL CAN OPENER
- MAPS – local and state maps.
- HYGIENCE SUPPLIES – feminine products, soap, toothbrush.
- COPIES OF PERSONAL DOCUMENTS- identification, birth certificates, insurance policies, medical information, deed to home.
- EMERGENCY BLANKET
- EXTRA CASH

**Make a Plan. Be Prepared. Stay Informed.**

**TOGETHER WE CAN** *build a better future!*



## Unique Supplies Include:

- Unique supplies include:
- MANUAL CAN OPENER – if food is canned.
- BABY SUPPLIES – diapers, baby food, bottles, formula
- PET SUPPLIES – identification, proof of ownership, collar, leash, food, carrier, bowl, water
- MEDICAL SUPPLIES – hearing aids, glasses, contact lenses, syringes.
- GAMES AND ACTIVITIES

## Supplies to consider depending on where you live:

- RAIN GEAR
- WORK GLOVES
- MATCHES
- EXTRA CLOTHING
- TOWELS
- FIRE EXTINGUISHER
- SLEEPING BAG

## Emergency Alert Notification

**SIGN UP**

Stay informed about local emergencies and hazards by signing up to receive Emergency Notifications.



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