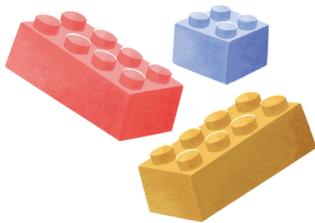


# PLAY & ART @ WORK



***The world of work is rapidly changing, and as a workplace leader, you can support employees to be healthier and happier at work.***

One way to do that is to encourage play and art at work. This can be as simple as Visual Conversations and Note-Taking (also known as sketchnoting or graphic recording) or by incorporating one or many of the ideas shared here. Another simple place to start is to encourage staff to share their own interests & talents with others. This could be after work, at break times, or even by creating a policy for flex-time in order to engage in art activities.



## Visual Conversations & Note-Taking

The success of visual notetaking is backed by science. We remember pictures better & longer than words or text.



## Funmentum™ Labs

Use art to reignite your team's motivation. Use the "Science of Fun" to improve employee engagement, innovative thinking and momentum.



## Book Discussions

Expose employees to new ideas & ways of working and promote a cultural of professional development.



## Neuroarts

Your Brain on Art:  
[www.yourbrainonart.com](http://www.yourbrainonart.com)



## Gardening at Work

Grow employee well-being, teamwork & morale by encouraging team-building and socialization through planting & upkeep. *\*Enjoy by employees or donate to a local shelter.*



## Murals

Connect with a local artist to create a mural or make one of your own - inside, outside, from floor to ceiling or covering a corner. Unique murals reinforce the best elements of your workplace culture & instill a positive and appreciative environment.

## PlayLab

Use play as a catalyst for thriving and healthy workplaces:  
[experimentwithplay.com](http://experimentwithplay.com)



## Storytelling

Personal storytelling can spark insight, meaning & innovation in the modern-day workplace & assist in building rapport. *\*Incorporate culture-based learning.*

## Poetry at Work

Enjoy poetry as a means of relaxation & recreation. Poems are a creative way to boost mental ability & improve efficiency. *\*Celebrate Poetry at Work Day every 2nd Tuesday in January.*



## Lego® Serious Play

Improve creative thinking and communication as employees share their own insights, knowledge and experience with others.

(Hennepin County Minnesota)

**TOGETHER WE CAN** *build a better future!*