

100 ACTS OF KINDNESS



CHALLENGE



Complete 100 random acts of kindness in the community by a certain date. You can choose to provide employees a list of RAOK ideas or let them decide which activities they would like to do. We have provided a few ideas, but there are many that can be done! Mark of each completed RAOK in the boxes below to keep track.

VOLUNTEER AT THE LOCAL ANIMAL SHELTER

LEAVE QUARTERS AT THE LAUNDROMAT

SMILE AT FIVE STRANGERS

LEAVE A LOADED GAS CARD AT THE PUMP

LEAVE A KIND MESSAGE ON A BATHROOM MIRROR

EMAIL A FORMER TEACHER AND THANK THEM

LET SOMEONE GO IN FRONT OF YOU IN LINE

SEND A POSITIVE TEXT TO FIVE PEOPLE

<input type="checkbox"/>									
<input type="checkbox"/>									
<input type="checkbox"/>									
<input type="checkbox"/>									

TOGETHER WE CAN *build a better future!*

