

AREA DENTAL PROVIDERS

Pediatric Dentistry, LTD

www.pediatricdentistryltd.com

- 3142 49th St S | Fargo
- 701-293-6999

Prairie Dental Centers

- 200 E Main St | Ada
- 218-784-7119
- 214 Main Ave W | Twin Valley
- 218-584-5193
- 123 Monroe Ave | Mahanomen
- 218-935-9340
- 222 N. Mill St | Fertile
- 218-945-6111

Red River Valley Dental Access Project

<http://www.rrdentalaccess.com>

- 1900 28th Ave S | Moorhead
- 218-790-7790
- Urgent Care Only
- 1st Tuesday every Month
- \$30 Flat Fee - No insurance needed or billed.

Spectra Health, Inc

<https://spectrahealth.org/>

- 212 S 4th St, #101 | Grand Forks
- 701-757-2100

White Earth Health Center

- 40520 Co Hwy 34 | Ogema
- 218-983-6285

For questions or concerns regarding dental access, contact:

Alex Orvik

Dental Innovation Coordinator

218-521-7966

alex.orvik@co.polk.mn.us

WHO CAN HELP WITH TRANSPORTATION?

Tri-Valley Heartland Express (T.H.E. Bus)

- 800-201-3432
- www.tvoc.org

Health Plans

- Blue+
 - 866-340-8648
- Medica
 - 800-373-8335

Medical Assistance Recipients

- Check with your worker at social services to see if you would qualify for MA transportation reimbursement if you would like to drive yourself.

help me **CONNECT**

"Help Me Connect" is a navigator connecting local services and resources to children and families.

<https://helpmeconnect.web.health.state.mn.us/HelpMeConnect/>

CONNECT WITH US

ON SOCIAL MEDIA

Polk County Public Health



Polk Norman Mahanomen Community Health Services



Doctor visits are not just for sick kids!

Schedule your child's yearly
checkup today!

Child and Teen Checkups



TOGETHER WE CAN
Prevent. Promote. Protect.



WHERE CAN I GET A WELL-VISIT?

Altru Health Systems

www.altru.org

- Crookston | 400 S Minnesota St
 - M-F: 8:00am - 5:00pm
 - 218-281-9100
- East Grand Forks | 607 Demers Ave
 - M-F: 7:00am - 5:00pm
 - 218-773-0357
- Erskine | 23076 347th St. SE
 - M & Th: 8:30am - 4:00pm
 - 218-687-5317
- Grand Forks | Family Medicine Center | 1380 S Columbia Rd
 - M-F: 8:00am - 5:00pm
 - 701-795-2000
- Grand Forks | Family Medicine Residency | 725 Hamline St
 - M-F: 8:00am - 5:00pm
 - 701-780-6800

Essentia Health

www.essentiahealth.org

- Fosston | 900 Hilligoss Blvd SE
 - M-F: 8:00am - 5:00pm
 - Sat: 9:30am - 12:00pm
 - 218-435-1212

RiverView Health

www.riverviewhealth.org

- Crookston | 323 S Minnesota St
 - M-F 7:00am - 7:00pm
 - Weekends: 9:00am - 1:00pm
 - 218-281-9595
- Fertile | 306 N Mill St
 - M-F: 8:00am - 4:30pm
 - 218-945-6695

Sanford Health

www.sanfordhealth.org

- East Grand Forks | 929 Central Ave NW
 - M-F: 8:00am - 5:00pm
 - 218-773-6800

Spectra Health

www.spectrahealth.org

- Grand Forks | 212 S. 4th St
 - M-F: 7:30am-5:00pm
 - 701-757-2100

Please note that this is not a comprehensive list of all medical and dental providers. For a complete list, call your health plan customer service.

If you need assistance scheduling an appointment, please contact Polk County Public Health at 218-281-3385.

Updated: March 2025

AREA DENTAL PROVIDERS

Apple Tree Dental:

www.appletreedental.org

- 520 Main Street | Hawley
 - 218-483-1038
- 327 Western Ave | Fergus Falls
 - 218-998-2218
- 808 3rd St SE | Little Falls
 - 320-348-0377

Children's Dental Services

<http://childrensdentalservices.org>

- Various area locations
 - 866-543-6009

Family Healthcare Dental Services

www.famhealthcare.org

- 715 N. 11th Street | Moorhead
- 301 NP Ave | Fargo
 - Call 701-271-3344 for both locations.

Northern Dental Access

www.northerndentalaccess.org

- 13 N Main Ave | Bagley
 - 218-694-6571
- 1405 Anne St NW | Bemidji
 - 218-444-9646
- 132 3rd Street | Halstad
 - 218-456-2238
- 206 Pleasant Ave S | Park Rapids
 - 218-732-4436

Northland Smiles

<https://www.northlandsmiles.com>

- 21343 Archibald Rd | Deerwood
 - 218-534-3141
- 306 13th St NE | Little Falls
 - 320-616-0100