

Polk County Area Food Resources

Food Shelves

Climax Parish Food Shelf (Climax)	218-857-2455
1st and 3rd Thursday of the month: 3:00pm - 5:00pm	
Care & Share-New Hope Food Shelf (Crookston)	218-281-2644
Monday & Wednesday: 1:00pm - 4:00pm Friday: 3:00pm - 6:00pm	
East Grand Forks Food Shelf (East Grand Forks)	218-773-8083
Monday & Wednesday: 10:00am - 5:00pm Friday: 10:00am - 2:00pm	
Grace Community Food Shelf (Erskine)	218-687-2250
2nd and 3rd Thursdays of the month: Hours vary monthly, please call for current hours.	
Fertile-Beltrami Food Shelf (Fertile)	218-945-3065
1st and 3rd Wednesday of the month: 2:30pm - 6:00pm (By appointment only)	
Loaves and Fishes (Fosston)	218-431-1558
1st (following the first Tuesday) and 3rd Wednesday of the month: 12:30pm - 3:00pm	
New Americans Integration Center (East Grand Forks)	612-707-6691
By appointment only Meals served every Friday from 1-3pm	

**Please note that hours of operation may change. Contact the location directly to verify current hours.*

School Resources

Backpack Program Breakfast in the Classroom

Ask at your child's school office if these programs are available.

Food Drops

Follow [North Country Food Bank Facebook Page](#) for information on local drop off sites.

Community Meals

Care and Share- Crookston
Meals served at noon & 6:00pm every day

The Mission- Grand Forks, ND
Meals served at noon & 5:00pm every day

Senior Resources

Meals on Wheels

East Grand Forks: 218-773-0821
Erskine: 218-687-2262
Fosston: 218-435-1963
Winger: 218-938-4151
Crookston (Home Delivered Meals): 218-470-7995

Commodity Supplemental Food Program (CSFP)

Food and nutrition program- apply on the [Minnesota Department of Health website](#)

Food Assistance Programs

SNAP/MFIP

Polk County Social Services: 218-281-3127

WIC

Polk County Public Health: 218-281-1673

TOGETHER WE CAN

Prevent. Promote. Protect.

