



## **Attendees:**

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### **Members:**

Pine to Prairie Drug Task Force Commander, Elizabeth Boucher, Kelsey Helgeson, Jake Dahle, Shannon Kronlund, Catherine Johnson, Jennifer Berhow, Marge Donnell, Malissa Burnette, Andrew Larson, Darin Selzler, Jim Tadman

### **Chief Strategist – Polk County Public Health**

Sarah Shimek, Taylor Hasick, Kirsten Fagerlund

### **Guests:**

Kristen Leintz, Jakub Espinoza, DeAnna Johnson

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1. Welcome and Introductions (Sarah S.)
2. Review and Approval of 4/12 Mtg Minutes (Sarah S.) - Reviewed and no recommended changes. These will be posted on the Polk County Opioid Advisory Council Meeting webpage.
  - a. <https://www.co.polk.mn.us/546/Opioid-Settlement-Advisory-Council>
3. Taylor Hasick – Public Survey
  - a. Final changes to survey.
4. Kristen Leintz and Jakub Espinoza – Meridian Behavioral Health at Douglas Place in EGF
  - a. Take referrals from all over the state, primarily St. Louis, Ramsey, and Hennepin.
    - i. Men’s and women’s.
    - ii. Pick people up to bring them for treatment, provide transportation home or to lower level of treatment after care is completed.
  - b. No cell phone access.
  - c. Telehealth physical care appointment to manage other conditions, telehealth psychiatric evaluation and follow-up.
    - i. Mental health diagnostic assessments and therapy on site.
  - d. Required group therapy – life skills, coping skills, mental health, family education, spirituality, recovery maintenance, etc.
  - e. Peer recovery coaches to support patients. “People don’t read it out of a book.”
  - f. After treatment move to medium intensity, low intensity, sober living, or traditional outpatient care.
    - i. Zero sober living facilities in Polk County.
  - g. Not equipped to detox people, can follow withdrawal protocol.
5. Malissa Burnette – Alluma
  - a. Peer Recovery Specialist, sharing her story.
  - b. Emphasize importance of peer recovery supports.
6. Action Steps for Next Mtg
  - a. Continue discussing recovery. Jamboard as homework.



## Polk County Opioid Settlement Advisory Council Minutes

May 10, 2023 | 10 a.m.-12:00 p.m. | Fosston

- b. Begin distributing survey.
- 7. Next Mtg June 14 from 10-12, Location TBD
- 8. Adjournment at 12

Minutes by: TH